

Highfields Scheme of Work Summary

COURSE/SUBJECT TITLE:	Sports Leaders	EXAM / AWARD BODIES: (IF APPROPRIATE)	Sports Leaders UK
KEY STAGE:	KS4		Sports Leaders Award Level 1 & 2
MAIN TEACHERS:	Mr Hevingham		

SUMMARY OF LEARNING ACTIVITY TYPES: (These should relate to Schemes of Work activities).

Very Frequent	- Approximately every week	Rare	- Less than occasional
Frequent	- Approximately 1 - 2 times per month	Never	- Never
Occasional	- Approximately 1 - 2 times per term		

	<u>Very Frequent</u>	<u>Frequent</u>	<u>Occasional</u>	<u>Rare</u>	<u>Never</u>		<u>Very Frequent</u>	<u>Frequent</u>	<u>Occasional</u>	<u>Rare</u>	<u>Never</u>
Teacher Talk	x					Art / Creative			x		
Discussion / Q & A	x					'Hands-On' Practicals	x				
Problem-Solving		x				Physical Challenge	x				
Research			x			Group-work	x				
Extended Reading			x			Role-play				x	
Extended Writing		x				Offsite Visits			x		
ICT Presentations				x		Other (please state)					
Video		x									

SUMMARY OF SUB-TOPICS / UNITS OF STUDY

Sub-Topic / Unit of Study Title	Typical Length of Time (Term / Half-Term / Weeks / Months)
Unit 1 – Developing leadership skills	8 weeks
Unit 2 – Plan, lead and evaluate sport/physical activity sessions	12 weeks
Unit 3 – Assist in planning and leading a sports/physical activity event	4 weeks
Optional units - the learner must complete one unit from Units 4 and 5	
Unit 4 – Lead sport/physical activity sessions linked with the centre	2 weeks
Unit 5 – Lead sport/physical activity sessions in the community	2 weeks