

Anger and Self harm

Title	Source	Size	Order details
Self-harm: key facts from the Royal College of Psychiatrists	Royal College of Psychiatrists (National)	A4 2 page leaflet	Download from http://www.rcpsych.ac.uk/mentalhealthinfo/youngpeople.aspx
Worried about self-injury?	Young Minds (National)	A5 20 page booklet	Download from http://www.dawsonmarketing.co.uk/youngminds/shop/
Feeling angry?	Young Minds (National)	A5 16 page leaflet	Download from http://www.dawsonmarketing.co.uk/youngminds/shop/

Bereavement

Title	Source	Size	Order details
Supporting children through grief	Cruse Bereavement Care (National)	A5 8 page leaflet	Download from www.cruse.org.uk/publications/booklets
When a baby dies suddenly and unexpectedly	FSID (National)	A5 32 page leaflet	Download from https://fsid.org.uk/shop
Has someone died?	Cruse Bereavement Care (National)	A5 8 page leaflet	Download from www.cruse.org.uk/publications/booklets
Bereavement – helping parents and children cope when someone close to them dies	Understanding Childhood (National)	A4 6 page leaflet	Download from www.understandingchildhood.net/our-leaflets/
After someone dies – A leaflet about death, bereavement and grief for young people	Cruse Bereavement Care (National)	A4 8 page leaflet	Download from www.cruse.org.uk/publications/booklets

Bullying

Title	Source	Size	Order details
Bullying - you can help your child - A step by step guide for parents	Solihull Educational Psychology Service	Pack – available on request	Copies from Solihull Educational Psychology Service Telephone: 0121 770 6030 Email: educationalpsychology@solihull.gov.uk Download from www.solihull.gov.uk/psychology/20778.htm
Bullying – information and advice to support you and your child	Family Lives (National)	A5 6 page leaflet	Download from http://familylives.org.uk/free-resources/get-leaflets
A guide to dealing with bullying: for parents of disabled children	Contact a family (National)	A5 29 page leaflet	Download/order at www.cafamily.org.uk/advice-and-support/resource-library

Childcare - General

Title	Source	Size	Order details
Family Information Service	Solihull Family Information Service	A5 4 page leaflet	Family Information Service Telephone: 0800 389 8667 Email: familyinfo@solihull.gov.uk
Childcare choices	Solihull Family Information Service	A5 12 page booklet	Family Information Service Telephone: 0800 389 8667 Email: familyinfo@solihull.gov.uk

Childcare for older children – childcare options for school age children	Daycare Trust (National)	A4 5 page document	Download from www.daycaretrust.org.uk
Parents' Guide to the Early Years Foundation Stage Framework	Foundation Years (National)	A4 9 page document	Download from www.foundationyears.org.uk/early-years-foundation-stage-2012

Childcare – Maternity Leave

Title	Source	Size	Order details
Childcare during maternity leave:	Daycare Trust (National)	A4 4 page document	Download from www.daycaretrust.org.uk

Childcare – Students

Title	Source	Size	Order details
Care to Learn Guide for 2012/13	Department for Education (National)	A4 15 page booklet	Download from www.education.gov.uk/childrenandyoungpeople/youngpeople/studentsupport/a00203090/care-to-learn

Dads

Title	Source	Size	Order details
Fathers – understanding the vital role that fathers, and father figures, play in children's emotional development	Understanding Childhood (National)	A4 8 page leaflet	Download/order at www.understandingchildhood.net/our_leaflets/
Fathers have feelings too - examines what fatherhood can feel like, what to do when feelings arise and how fathers can learn to be sensitive to their child's emotions.	Young Minds (National)	A5 15 page leaflet	Download/order at http://www.dawsonmarketing.co.uk/youngminds/shop/

Disability and Additional Needs – General

Title	Source	Size	Order details
Special Educational Needs – guide for parents and carers	Department for Education (National)	A5 31 page booklet	Download from http://publications.education.gov.uk
Asking for a Statutory Assessment – a practical guide to parents' legal rights	Ace (National)	A5 16 page leaflet	Download from http://www.ace-ed.org.uk/publications
Getting the Statement Right	Ace (National)	A5 16 page leaflet	Download from http://www.ace-ed.org.uk/publications
Understanding Annual Reviews	Ace (National)	A5 20 page leaflet	Download from http://www.ace-ed.org.uk/publications
Getting Extra Help	Ace (National)	A5 16 page leaflet	Download from http://www.ace-ed.org.uk/publications
Childcare for Children with Additional Needs and/or Disabilities	Solihull Family Information Service	A5 page leaflet	Family Information Service Telephone: 0800 389 8667 Email: familyinfo@solihull.gov.uk
Activities for Children with	Solihull Family	A5 page	Family Information Service

Additional Needs and/or Disabilities	Information Service	leaflet	Telephone: 0800 389 8667 Email: familyinfo@solihull.gov.uk
Medicines for Children – leaflets for parents on dosages, side effects and general advice to those giving medicines to infants, children and young people	Medicines for children (National)	Most A5 2 page leaflet	Download from www.medicinesforchildren.org.uk
Your child's right to be included	Council for disabled children (National)	A4 10 page leaflet	Download/order at www.councilfordisabledchildren.org.uk/resources/cdcs-resources/my-rights-your-responsibility

Disability and Additional Needs – Parenting Support

Title	Source	Size	Order details
Having a child with a learning disability	Mencap (National)	A5 28 page booklet	Download from http://www.mencap.org.uk/all-about-learning-disability/resources-centre
Feeding and eating – information for parents of disabled children	Contact a Family (National)	A5 4 page leaflet	Download/order at www.cafamily.org.uk
Helping your child's sleep	Contact a Family (National)	A5 6 page leaflet	Download/order at www.cafamily.org.uk
Potty/toilet training	Contact a Family (National)	A4 4 page leaflet	Download/order at www.cafamily.org.uk
Growing up, sex and relationships	Contact a Family (National)	A5 28 page leaflet	Download/order at www.cafamily.org.uk

Disability and Additional Needs – Fathers

Title	Source	Size	Order details
Fathers - this guide gives some practical information to fathers of disabled children	Contact a Family (National)	A5 26 page leaflet	Download/order at www.cafamily.org.uk

Disability and Additional Needs – Siblings

Title	Source	Size	Order details
Siblings - this leaflet looks at how the siblings of a child who has a disability or long-term condition can be supported, and some typical issues that may come up	Contact a Family (National)	A5 16 page leaflet	Download/order at www.cafamily.org.uk

Disability and Additional Needs – Grandparents

Title	Source	Size	Order details
Grandparents - aims to help grandparents of a disabled child and highlight some ideas in how to support the family	Contact a Family (National)	A5 12 page leaflet	Download/order at www.cafamily.org.uk

Disability and Additional Needs – Working and Benefits

Title	Source	Size	Order details
Benefits – a checklist for parents	Contact a Family (National)	A5 32 page booklet	Download/order at www.cafamily.org.uk

Disability and Additional Needs – Early Support

Title	Source	Size	Order details
Autistic Spectrum Disorder	National Children's Bureau	A4 67 page booklet	Download/order at www.ncb.org.uk/resources/
Cerebral Palsy	National Children's Bureau	A4 64 page booklet	Download/order at www.ncb.org.uk/resources/
Deafness	National Children's Bureau	A4 124 page booklet	Download/order at www.ncb.org.uk/resources/
Down Syndrome	National Children's Bureau	A4 90 page booklet	Download/order at www.ncb.org.uk/resources/
If your child has a rare condition	National Children's Bureau	A4 10 page booklet	Download/order at www.ncb.org.uk/resources/
Learning Disabilities	National Children's Bureau	A4 24 page booklet	Download/order at www.ncb.org.uk/resources/
Multi-Sensory Impairment	National Children's Bureau	A4 55 page booklet	Download/order at www.ncb.org.uk/resources/
Speech and language difficulties	National Children's Bureau	A4 94 page booklet	Download/order at www.ncb.org.uk/resources/
Visual Impairment	National Children's Bureau	A4 90 page booklet	Download/order at www.ncb.org.uk/resources/
When your child has no diagnosis	National Children's Bureau	A4 12 page booklet	Download/order at www.ncb.org.uk/resources/

Disability and Additional Needs – Cerebral Palsy

Title	Source	Size	Order details
Cerebral Palsy - information, advice and support for parents during the early years	Scope (National)	A5 42 page leaflet	Download/order at http://www.scope.org.uk/news/publications

Disability and Additional Needs – ADHD

Title	Source	Size	Order details
What is Attention Deficit Hyperactivity Disorder?	Young Minds (National)	A4 three fold leaflet	Download/order at http://www.dawsonmarketing.co.uk/youngminds/shop/

Disability and Additional Needs – Bullying

Title	Source	Size	Order details
A guide to dealing with bullying: for parents of disabled children	Contact a family (National)	A5 5 page leaflet	Download/order at www.cafamily.org.uk/advice-and-support/resource-library/

Divorce/Separation

Title	Source	Size	Order details
Splitting Up	Family Lives (National)	A5 14 page booklet	Download/order at www.familylives.org.uk/free-downloads
Planning for your children's future – separation information pack	National Family Mediation	A5 34 page booklet	Download from http://www.nfm.org.uk/about/nfm-leaflets
Divorce and separation – helping children and parents to cope	Understanding Childhood (National)	A4 6 page leaflet	Download/order at www.understandingchildhood.net/our-leaflets/

Domestic Abuse

Title	Source	Size	Order details
Worried about a child?	NSPCC (National)	A5 8 page booklet	Download from www.cpc-publications.myshopify.com/collections/all
Protecting children from sexual abuse – a guide for parents and carers	NSPCC (National)	A5 20 page booklet	Download from www.cpc-publications.myshopify.com/collections/all
Help cut children and young people free from sexual exploitation – spot the signs	Barnardo's (National)	A5 2 page leaflet	Download from www.barnardos.org.uk
Sexually abused?	Young Minds (National)	A5 20 page booklet	Download/order at http://www.dawsonmarketing.co.uk/youngminds/shop/
What can I do? Protecting your child from sexual abuse	NSPCC	A5 20 page booklet	Download from www.cpc-publications.myshopify.com/collections/all
Handle with Care – advice on holding your baby safely	NSPCC (National)	A5 4 page booklet	Download from www.cpc-publications.myshopify.com/collections/all

Drugs and Alcohol

Title	Source	Size	Order details
FRANK – all about drugs Does your child know more than you?	FRANK (National)	A5 24 page booklet	Download from www.dh.gov.uk/publications
Your kids and alcohol	Drinkaware (National)	A5 16 page leaflet	Download/order at www.drinkaware.co.uk/resources
Alcohol – a guide for parents	Drinkaware (National)	A5 11 page leaflet	Download/order at www.drinkaware.co.uk/resources

Education, Employment and Volunteering – Free early education

Title	Source	Size	Order details
Free early education for three and four year olds	Solihull Family Information Service	A5 4 page leaflet	Family Information Service Telephone: 0800 389 8667 Email: familyinfo@solihull.gov.uk

Education, Employment and Volunteering – Early learning

Title	Source	Size	Order details
It's child's play – Early Years Foundation Stage	Department for Education (National)	A5 4 page leaflet	Download from http://publications.education.gov.uk

Education, Employment and Volunteering – School

Title	Source	Size	Order details
Nursery, reception and junior admissions 2013	School Admissions (Local)	A5 16 page leaflet	Download from www.solihull.gov.uk/admissions/default.htm
Applying for a School	Ace (National)	A5 16 page leaflet	Download from http://www.ace-ed.org.uk/publications
Appealing for a School	Ace (National)	A5 20 page leaflet	Download from http://www.ace-ed.org.uk/publications
Primary school – off to a good start	Family Lives (National)	A5 4 page leaflet	Download/order at www.familylives.org.uk/free-downloads
School attendance matters from day one	Solihull Education Welfare Service	A4 leaflet	Telephone: 0121 788 1505 Email: Educationwelfare@solihull.gov.uk Download from http://www.solihull.gov.uk/schools/truancy.htm
School Attendance	Ace (National)	A5 20 page leaflet	Download from http://www.ace-ed.org.uk/publications
Making a Complaint	Ace (National)	A5 24 page leaflet	Download from http://www.ace-ed.org.uk/publications

Education, Employment and Volunteering – Exams

Title	Source	Size	Order details
Beat exam stress	Childline (National)	A4 8 page leaflet	Download/order at www.cpc-publications.myshopify.com/collections/all

Education, Employment and Volunteering – Employment

Title	Source	Size	Order details
Finding a job	Department for Work and Pensions (National)	A5 50 page leaflet	Download/order from www.dwp.gov.uk
Employment rights and opportunities for parents living apart	Child Maintenance Options (National)	A5 26 page Leaflet	Download from http://www.cmoptions.org/en/toolbox/leaflets.asp

Education, Employment and Volunteering – Volunteering

Title	Source	Size	Order details
Volunteering Factsheet	Solihull Family Information Service	A4 3 page factsheet	Family Information Service Telephone: 0800 389 8667 Email: familyinfo@solihull.gov.uk

Education, Employment and Volunteering – Reading

Title	Source	Size	Order details
Solihull Parks Events Guide	Solihull Council	A5 32 page booklet	Download from http://www.solihull.gov.uk/events/default.htm Email: parksevents@solihull.gov.uk

Education, Employment and Volunteering – Family Information Service

Title	Source	Size	Order details
The Family Information Service	Solihull Family Information Service	A5 2 page leaflet	Family Information Service Telephone: 0800 389 8667 Email: familyinfo@solihull.gov.uk

Fostering – Solihull

Title	Source	Size	Order details
Fostering . . . is providing a family life for children	Solihull Council (Local)	A5 20 page leaflet	Fostering Team Telephone: 0121 749 8100 Email: ssplace@solihull.gov.uk Web: www.solihull.gov.uk/fostering

Health and Wellbeing – Tips for healthy eating

Title	Source	Size	Order details
Eating while you're pregnant	Food Standards Agency (National)	A5 12 page booklet	Download from www.food.gov.uk/about-us/publications Email: foodstandards@ecgroup.co.uk
Bump to Baby – eating well during pregnancy	The Dairy Council (National)	16 page booklet	Download from www.milk.co.uk Email: info@dairyCouncil.org.uk
Top Tips for Top Kids	Change4Life (Department of Health)	A5 12 page booklet	Download from www.dh.gov.uk/publications
Healthy eating for school-aged children	British Nutrition Foundation (National)	A5 4 page leaflet	Download from www.nutrition.org.uk
Healthier packed lunches	British Nutrition Foundation (National)	A5 4 page Leaflet	Download from www.nutrition.org.uk
Weaning – starting solid food	Department of Health (National)	A5 24 page leaflet	Download/order at www.dh.gov.uk/publications
Your baby – feeding your baby in the first year	Food Standards Agency (National)	A5 28 page booklet	Download from www.food.gov.uk/about-us/publications Email: foodstandards@ecgroup.co.uk

Baby Nosh! – a five minute guide to introducing your baby to food	The Dairy Council (National)	A5 18 page booklet	Download/order at www.milk.co.uk
Tummies to Mummies – a bump to baby guide for teenagers	The Dairy Council (National)	A5 18 page booklet	Download/order at www.milk.co.uk
Feeding your toddler	Food Standards Agency (National)	A5 12 page booklet	Download from www.food.gov.uk/about-us/publications Email: foodstandards@ecgroup.co.uk
Feeding your growing child	Food Standards Agency (National)	A5 12 page booklet	Download from www.food.gov.uk/about-us/publications Email: foodstandards@ecgroup.co.uk
Why your child's weight matters	Department of Health (National)	A4 2 page leaflet	Download/order at www.dh.gov.uk/publications
Free milk, fruit, veg and vitamins for you and your family	NHS (National)	A5 10 page leaflet	Download/order at www.healthystart.nhs.uk

Health and Wellbeing – Breastfeeding

Title	Source	Size	Order details
Eating for breastfeeding	Food Standards Agency (National)	A5 8 page leaflet	Download from www.food.gov.uk/about-us/publications Email: foodstandards@ecgroup.co.uk

Health and Wellbeing – Teeth

Title	Source	Size	Order details
Tiny Teeth	The Dairy Council (National)	A6 18 page booklet	Download/order at www.milk.co.uk

Health and Wellbeing – Speech

Title	Source	Size	Order details
Help your child to talk – steps to talking – a parent's guide	Royal College of Speech & Language Therapists (National)	A5 2 page leaflet	Download/order at www.rcslt.org
Play talks - fun ideas to promote communication through play	Scope (National)	A5 38 page leaflet	Download/order at http://www.scope.org.uk/news/publications

Health and Wellbeing – Sexual Health

Title	Source	Size	Order details
Just4you	Just4you Solihull	Web	Website: www.j4usolihull.co.uk Telephone: 0121 705 8737

Health and Wellbeing – Immunisation

Title	Source	Size	Order details
A guide to childhood immunisations for babies up to 13 months of age	NHS (National)	A5 48 page booklet	Download from www.dh.gov.uk/publications
Measles – don't let your child catch it	NHS (National)	A4 three fold leaflet	Download from www.dh.gov.uk/publications
Your guide to the HPV vaccination – arm against cervical cancer	Department of Health (National)	A4 three fold leaflet	Download from www.dh.gov.uk/publications

Health and Wellbeing – Illnesses

Title	Source	Size	Order details
Meningitis can affect anyone	The Meningitis Trust (National)	A5 8 page leaflet	Download/order at www.meningitis-trust.org

Health and Wellbeing – Cot Death

Title	Source	Size	Order details
Reduce the risk of cot death	Department of Health (National)	A5 12 page leaflet	Download from www.dh.gov.uk/publications

Health and Wellbeing – Head lice

Title	Source	Size	Order details
Once a week take a peek	Schools and public health nurses association (National)	A5 8 page leaflet	Download from www.onceaweektakeapeek.com

Health and Wellbeing – Stop smoking

Title	Source	Size	Order details
Second-hand smoking kills	NHS (National)	A5 16 page booklet	Download/order at www.smokefree.nhs.uk/resources
Smoking and pregnancy	NHS (National)	A5 12 page booklet	Download/order at www.smokefree.nhs.uk/resources
NHS Smokefree factsheet: Risks of smoking during pregnancy	NHS (National)	A4 9 page document	Download/order at www.smokefree.nhs.uk/resources
"Making our home smokefree has been great for me, and her" Find out how you can protect your family from the dangers of secondhand smoke	NHS (National)	A5 26 page leaflet	Download/order at www.smokefree.nhs.uk/resources

Health and Wellbeing – Disability

Title	Source	Size	Order details
Food talks – practical tips to include children with eating difficulties	Scope (National)	A5 40 page booklet	Download/order at http://www.scope.org.uk/news/publications

Health and Wellbeing – Mental health

Title	Source	Size	Order details
'Mental Health and Growing up' – a series of factsheets that provide information on how parents can ensure good mental health in their children	Royal College of Psychiatrists (National)	Various	Download from www.rcpsych.ac.uk/mentalhealthinfoforall/mentalhealthandgrowingup.aspx
Children and young people get depressed too	Young Minds (National)	A5 6 page leaflet	Download/order at http://www.dawsonmarketing.co.uk/youngminds/shop/
Mental illness in your family	Young Minds (National)	A5 24 page leaflet	Download/order at http://www.dawsonmarketing.co.uk/youngminds/shop/

Housing

Title	Source	Size	Order details
Homelessness – how we can help	Solihull Community Housing	A5 20 page booklet	Download from www.solihullcommunityhousing.org.uk Telephone: 0121 717 1515 Email: info@solihullcommunityhousing.org.uk
Homelessness and Young People	Solihull Community Housing	A5 8 page leaflet	Download from www.solihullcommunityhousing.org.uk Telephone: 0121 717 1515 Email: info@solihullcommunityhousing.org.uk
Young alone and without a home	Solihull Community Housing	A5 12 page leaflet	Download from www.solihullcommunityhousing.org.uk Telephone: 0121 717 1515 Email: info@solihullcommunityhousing.org.uk
Housing rights and options for parents living apart	Child Maintenance Options (National)	A5 40 page booklet	Download from http://www.cmoptions.org/en/toolbox/leaflets.asp

Keeping your child safe – Internet and cyber bullying

Title	Source	Size	Order details
Keeping up with children on the internet – a guide for parents, carers and teacher	Childnet International (National)	A4 three fold leaflet	Download from www.childnet-int.org/order
Young people and social networking sites	Childnet International (National)	A5 8 page leaflet	Download from www.childnet-int.org/order
Online gaming – an introduction for parents and carers	Childnet International (National)	A4 3 page document	Download from www.childnet-int.org/order

Keeping your child safe – TV and Music

Title	Source	Size	Order details
Music, Film, TV and the Internet – a guide for parents and teachers	Childnet International (National)	A5 8 page leaflet	Download from www.childnet-int.org/order

Keeping your child safe – School

Title	Source	Size	Order details
In school stay cool	Young Minds (National)	A5 20 page leaflet	Download/order at http://www.dawsonmarketing.co.uk/youngminds/shop/

Keeping your child safe – Choosing safe activities

Title	Source	Size	Order details
Helping keep your child safe in sport	GOV.UK (National)	A5 8 page booklet	Downloadable from www.direct.gov.uk/en/Parents/Familyleisureandrecreation/DG_172710

Keeping your child safe – Safety at home

Title	Source	Size	Order details
How safe is your child at home?	Child Accident Prevention Trust (National)	A4 three fold leaflet	Download from www.capt.org.uk/shop/leaflets-and-flyers
How safe is your child from burns and scalds	Child Accident Prevention Trust (National)	A4 three fold leaflet	Download from www.capt.org.uk/shop/leaflets-and-flyers
How safe am I from bath water scalds?	Child Accident Prevention Trust (National)	A5 2 page leaflet	Download from www.capt.org.uk/shop/leaflets-and-flyers
Put small things where I can't choke on them	Child Accident Prevention Trust (National)	A5 2 page leaflet	Download from www.capt.org.uk/shop/leaflets-and-flyers
How safe are your child's toys	Child Accident Prevention Trust (National)	A4 three fold leaflet	Download from www.capt.org.uk/shop/leaflets-and-flyers
Make sure my fingers don't get trapped	Child Accident Prevention Trust (National)	A5 2 page leaflet	Download from www.capt.org.uk/shop/leaflets-and-flyers
What might poison your child	Child Accident Prevention Trust (National)	A4 three fold leaflet	Download from www.capt.org.uk/shop/leaflets-and-flyers

How safe is your child in the garden?	Child Accident Prevention Trust (National)	A4 three fold leaflet	Download from www.capt.org.uk/shop/leaflets-and-flyers
How safe am I from a serious fall?	Child Accident Prevention Trust (National)	A5 2 page leaflet	Download from www.capt.org.uk/shop/leaflets-and-flyers
Home alone	NSPCC (National)	A4 three fold leaflet	Download/order at www.cpc-publications.myshopify.com/collections/all
Fire safety in the home	GOV.UK (National)	A5 26 page leaflet	Download/order at www.gov.uk/government/publications/fire-safety-in-the-home

Keeping your child safe – Safety and Your Child

Title	Source	Size	Order details
Safety and Your Child 0 to 8 months	Heart of England NHS (National)	A4 2 page leaflet	Download from http://www.solihull.gov.uk/familyinfo/26325.htm
Safety and Your Child 8 months to 2 years	Heart of England NHS (National)	A4 2 page leaflet	Download from http://www.solihull.gov.uk/familyinfo/26325.htm
Safety and Your Child 2 to 3 years	Heart of England NHS (National)		Download from http://www.solihull.gov.uk/familyinfo/26325.htm
Safety and Your Child 3 to 5 years	Heart of England NHS (National)		Download from http://www.solihull.gov.uk/familyinfo/26325.htm

Keeping your child safe – Safety in the car

Title	Source	Size	Order details
Seat belts and child restraints	Department for transport (National)	A5 12 page leaflet	Download from http://shop.dft.gov.uk/thinkshop/Default.aspx

Keeping your child safe – general information

Title	Source	Size	Order details
Out alone – Keeping children safe when out with you or out alone	NSPCC (National)	A4 three fold leaflet	www.cpc-publications.myshopify.com/collections/all
Babies – top safety tips for parents and carers	Child Accident Prevention Trust (National)	A4 three fold leaflet	Download from www.capt.org.uk/shop/leaflets-and-flyers
Toddlers and up – top safety tips for parents and carers	Child Accident Prevention Trust (National)	A4 three fold leaflet	Download from www.capt.org.uk/shop/leaflets-and-flyers

5-7s – top safety tips for parents and carers	Child Accident Prevention Trust (National)	A4 three fold leaflet	Download from www.capt.org.uk/shop/leaflets-and-flyers
7-11s – top safety tips for parents and carers	Child Accident Prevention Trust (National)	A4 three fold leaflet	Download from www.capt.org.uk/shop/leaflets-and-flyers
Is it legal? – a families' guide to the law	Family and Parenting Institute (National)	A5 30 page leaflet	Download/order at http://www.familyandparenting.org/All-Our-Publications

Money, Tax and Benefits – Working and benefits

Title	Source	Size	Order details
Having a baby	Department for work and pensions (National)	A5 44 page booklet	Download/order at www.dwp.gov.uk
Find your way back to work – Practical help and advice when applying for jobs	Department for Work and Pensions (National)	A5 38 page booklet	Contact your local Job Centre: Chelmsley Wood JCP Solihull JCP 1 Chelmsley Circle Park House Chelmsley Wood 74 New Road Birmingham B37 5TH Solihull B91 3DR 0845 604 3719 Download from www.dwp.gov.uk
A guide for parents – help if you are looking for work, on low pay or claiming benefits	Department for work and pensions (National)	A5 32 page booklet	Download/order at www.dwp.gov.uk
The benefits of working: Going back to work doesn't mean giving up all your benefits	Department for Work and Pensions (National)	A5 6 page leaflet	Download/order at www.dwp.gov.uk
A parents' guide to moving into work	Daycare Trust (National)	A4 10 page leaflet	Download from www.daycaretrust.org.uk
Support if you are looking for work – benefits and support you may get if you are looking for work	Department for Work and Pensions (National)	A5 6 page leaflet	Download/order at www.dwp.gov.uk
Support for parents and guardians – help you may get when expecting or adopting a child	Department for Work and Pensions (National)	A5 6 page leaflet	Download/order at www.dwp.gov.uk

Money, Tax and Benefits – Child Maintenance

Title	Source	Size	Order details
Information for parents with the day-to-day care of their child - a child maintenance decisions guide	Child Maintenance Options (National)	A5 60 page booklet	Download from http://www.cmoptions.org/en/toolbox/leaflets.asp

Private agreement form	Child Maintenance Options (National)	A5 12 page leaflet	Download from http://www.cmoptions.org/en/toolbox/leaflets.asp
Legal rights and responsibilities for parents living apart	Child Maintenance Options (National)	A5 26 page leaflet	Download from http://www.cmoptions.org/en/toolbox/leaflets.asp

Money, Tax and Benefits – Working and benefits

Title	Source	Size	Order details
Tax Credits factsheet	Solihull Family Information Service	A4 2 page document	Family Information Service Telephone: 0800 389 8667 Email: familyinfo@solihull.gov.uk

Money, Tax and Benefits – Working parents

Title	Source	Size	Order details
The right to apply for flexible working	ACAS (National)	A5 16 page booklet	Download from www.acas.org.uk/publications
Parents at work	ACAS (National)	A5 16 page booklet	Download from www.acas.org.uk/publications

Money, Tax and Benefits – Lone Parents

Title	Source	Size	Order details
Bringing up children on your own?	Department for work and pensions (National)	A5 12 page leaflet	Download/order at www.dwp.gov.uk
Money and finance for parents living apart	Child Maintenance Options (National)	A5 42 page leaflet	Download from http://www.cmoptions.org/en/toolbox/leaflets.asp

Money, Tax and Benefits – Students

Title	Source	Size	Order details
Help with childcare costs for students	Daycare Trust (National)	A4 7 page Document	Download from www.daycaretrust.org.uk

Parents of teenagers - General

Title	Source	Size	Order details
Parents of Teenagers Factsheet	Solihull Family Information Service	A4 2 page document	Family Information Service Telephone: 0800 389 8667 Email: familyinfo@solihull.gov.uk
Supporting teenagers – helping parents and professionals to understand the early teenage years	Understanding Childhood (National)	A4 6 page leaflet	Download/order at www.understandingchildhood.net/our_leaflets

Teenagers and risky behaviour – getting through the teenage years together	Family Lives (National)	A5 6 page leaflet	Download/order at www.familylives.org.uk/free-resources/get-leaflets
--	-------------------------	----------------------	--

Parents of teenagers - Gangs

Title	Source	Size	Order details
Gangs, teenagers and your family – support for you and your family	Family Lives (National)	A5 6 page leaflet	Download from http://familylives.org.uk/free-resources/get-leaflets

Parents of teenagers - Adulthood

Title	Source	Size	Order details
Entering adulthood	Young Minds (National)	A5 32 page leaflet	Download/order at http://www.youngminds.org.uk/training_services/publications

Parents of teenagers – Eating disorders

Title	Source	Size	Order details
Worried about eating problems and disorders	Young Minds (National)	A5 20 page leaflet	Download/order at http://www.youngminds.org.uk/training_services/publications

Parenting Support – Families

Title	Source	Size	Order details
Your new baby, your family and you	Understanding Childhood	A4 4 page leaflet	Download/order at www.understandingchildhood.net/our_leaflets
Successful stepfamilies – advice and guidance for stepfamilies	Family Lives (National)	A5 6 page leaflet	Download from http://familylives.org.uk/free-resources/get-leaflets
Grandparents and the extended family	Understanding Childhood (National)	A4 6 page leaflet	Download/order at www.understandingchildhood.net/our_leaflets

Parenting Support – Parenting tips

Title	Source	Size	Order details
All babies count – support for parents	NSPCC (National)	A4 20 page leaflet	Download/order at http://www.nspcc.org.uk/Inform/Applications/PublicationsSearch/ch_publicationsSearch.asp?Sort=Title
Crying and sleeping in the first months of life	Understanding Childhood (National)	A4 4 page leaflet	Download/order at www.understandingchildhood.net/our_leaflets
Tuning in to our babies – the importance of the relationship between parents and their babies and toddlers	Young Minds (National)	A4 14 page leaflet	Download/order at http://www.youngminds.org.uk/training_services/publications
Sibling rivalry – the arrival of a new brother or sister	Understanding Childhood (National)	A4 4 page leaflet	Download/order at www.understandingchildhood.net/our_leaflets
Encouraging better behaviour – a practical guide to positive parenting	NSPCC (National)	A5 28 page booklet	Download/order at www.nspcc.org at 30p per copy

From Breakfast to Bedtime – helping you and your children through the day!	Family and Parenting Institute (National)	A5 15 page leaflet	Download/order at http://www.familyandparenting.org/All-Our-Publications
Over the top behaviour in the under tens	Family and Parenting Institute (National)	A5 12 page leaflet	Download/order at http://www.familyandparenting.org/All-Our-Publications
Talk Together – helping babies and young children learn skills for talking	I CAN (National)	A5 8 page document	Download from www.ican.org.uk
Help your child to talk – steps to talking – a parent's guide	Royal College of Speech & Language Therapists (National)	A5 2 page leaflet	Download/order at www.rcslt.org
Tempers and tears in the twos and threes	Understanding Childhood (National)	A4 4 page leaflet	Download/order at www.understandingchildhood.net/our_leaflets
Separation and changes in the early years	Understanding Childhood (National)	A4 4 page leaflet	Download/order at www.understandingchildhood.net/our_leaflets
Understanding your overactive child	Understanding Childhood (National)	A4 4 page leaflet	Download/order at www.understandingchildhood.net/our_leaflets
The child's experience of primary school	Understanding Childhood (National)	A4 6 page leaflet	Download/order at www.understandingchildhood.net/our_leaflets
Keeping your cool – advice for parents on managing stress and anger	NSPCC (National)	A5 12 page leaflet	Download/order at www.cpc-publications.myshopify.com/collections/all
Discipline – information and advice for parents and families	Family Lives (National)	A5 8 page leaflet	Download from http://familylives.org.uk/free-resources/get-leaflets

Parenting Support – Lone Parents

Title	Source	Size	Order details
Emotional wellbeing for parents living apart	Child Maintenance Options (National)	A5 34 page leaflet	Download from http://www.cmoptions.org/en/toolbox/leaflets.asp

Parenting Support – Physical activity

Title	Source	Size	Order details
UK Physical Activity Guidelines for Early Years (Walkers)	British Heart Foundation (National)	A5 12 page leaflet	Download from http://www.bhfactive.org.uk/homepage-resources-and-publications-item/280/index.html
Interpreting the UK physical activity guidelines for children and young people (5-18)	British Heart Foundation (National)	A4 1 page leaflet	Download from http://www.bhfactive.org.uk/homepage-resources-and-publications-item/280/index.html

Parenting Support – Play and activities

Title	Source	Size	Order details
Learning and play	Family and Parenting Institute (National)	A5 20 page leaflet	Download/order at http://www.familyandparenting.org/All-Our-Publications/For-Families

Parenting Support – Postnatal Depression

Title	Source	Size	Order details
Postnatal depression – a problem for all the family	Understanding Childhood (National)	A4 6 page leaflet	Download/order at www.understandingchildhood.net/our_leaflets

Parenting Support – Exclusion

Title	Source	Size	Order details
Permanent Exclusion	ACE (National)	A5 20 page booklet	Download from www.ace-ed.org.uk
Fixed Period Exclusion a practical guide to parents' legal rights	ACE (National)	A5 24 page leaflet	Download from http://www.ace-ed.org.uk/publications

Parenting Support – Solihull Approach

Title	Source	Size	Order details
Let's play!	Solihull Care Trust	A5 6 page leaflet	Request copies from Solihull Approach Office, Valiant Building, Dunster Road, Chelmsley Wood, Birmingham, B37 7UU Email: solihullapproach@solihull-ct.nhs.uk
Using a dummy	Solihull Care Trust	A5 4 page leaflet	Request copies from Solihull Approach Office, Valiant Building, Dunster Road, Chelmsley Wood, Birmingham, B37 7UU Email: solihullapproach@solihull-ct.nhs.uk
Brain development through childhood	Solihull Care Trust	A5 6 page leaflet	Request copies from Solihull Approach Office, Valiant Building, Dunster Road, Chelmsley Wood, Birmingham, B37 7UU Email: solihullapproach@solihull-ct.nhs.uk
How to help your child develop emotionally and behave well	Solihull Care Trust	A5 4 page leaflet	Request copies from Solihull Approach Office, Valiant Building, Dunster Road, Chelmsley Wood, Birmingham, B37 7UU Email: solihullapproach@solihull-ct.nhs.uk
Helping your child to grow up safely in the home	Solihull Care Trust	A5 6 page leaflet	Request copies from Solihull Approach Office, Valiant Building, Dunster Road, Chelmsley Wood, Birmingham, B37 7UU Email: solihullapproach@solihull-ct.nhs.uk
Looking after your child's teeth	Solihull Care Trust	A5 6 page leaflet	Request copies from Solihull Approach Office, Valiant Building, Dunster Road, Chelmsley Wood, Birmingham, B37 7UU Email: solihullapproach@solihull-ct.nhs.uk
Let's wean	Solihull Care Trust	A5 6 page leaflet	Request copies from Solihull Approach Office, Valiant Building, Dunster Road, Chelmsley Wood, Birmingham, B37 7UU Email: solihullapproach@solihull-ct.nhs.uk

A guide to toilet training	Solihull Care Trust	A5 4 page leaflet	Request copies from Solihull Approach Office, Valiant Building, Dunster Road, Chelmsley Wood, Birmingham, B37 7UU Email: solihullapproach@solihull-ct.nhs.uk
Positive influences on emotional development and behavioural patterns	Solihull Care Trust	A5 4 page leaflet	Request copies from Solihull Approach Office, Valiant Building, Dunster Road, Chelmsley Wood, Birmingham, B37 7UU Email: solihullapproach@solihull-ct.nhs.uk
Developmental and Emotional Milestones	Solihull Care Trust	A5 7 page leaflet	Request copies from Solihull Approach Office, Valiant Building, Dunster Road, Chelmsley Wood, Birmingham, B37 7UU Email: solihullapproach@solihull-ct.nhs.uk