

Highfields Social, Moral, Spiritual, Cultural (SMSC) Curriculum

Themes of the Week 2020/2021

The theme and objective is introduced each Friday for the following week during assembly.
i.e. Week 2 Objective is set at Week 1 Friday Assembly

Wk	w/b	C120	Theme
1	31/8	/	~ No Theme, First Week Back ~
2	7/9	Compassionate	New Academic Year: New Year, New Faces → <i>Show people they're welcome (starting with your face!)</i>
3	14/9	Determined	New Academic Year: New Studies → <i>Set Yourself Achievable Goals</i>
4	21/9	Diligent	End of British Summer Time / Autumn Equinox → <i>Make a commitment to a healthy pastime over the next 6 months</i>
5	28/9	Diligent	World Vegetarian Day: 'Your Food, Your Choice' → <i>Consider your eating habits, try to make a positive change</i>
6	5/10	Self-Aware	Mental Health Awareness → <i>Take responsibility for your 'triggers', recognise your strengths</i>
7	12/10	Charitable	World Sight day → <i>Do something positive for the school which can be appreciated by others - but without the use of sight</i>
8	19/10	Compassionate	Fire Safety – 'Avoiding hurting others' → <i>Hold back on saying things that might hurt others, even when angry</i>
AUTUMN HALF TERM BREAK			
1	02/11	/	~ No Theme, First Week Back ~
2	09/11	Charitable	Remembrance – The Role of Commonwealth Solders *New for 20/21* → <i>Thank somebody who quietly helps you in small but big ways</i>
3	16/11	Democratic	Diwali – Festival of Lights *New for 20/21* → <i>To do something that gives pleasure ('light') to the rest of the school during the darker, colder days.</i>
4	23/11	Charitable	National Adoption Day – 'Blood is thicker than water, love is thicker than blood' → <i>To recognise someone who has cared for you who isn't your biological mum or dad. *New for 20/21*</i>
5	30/11	Compassionate	AIDS Awareness / World AIDS Day – The Story of Gareth Thomas

			→ <i>Make an effort to change the slang we use (i.e. gay, retard etc)</i>
6	7/12	Charitable	Blue Christmas – Emergency Services at Christmas → <i>Say thank you to somebody who has gone the extra mile for you</i>
7	14/12	Compassionate	Walking in Another’s Shoes – Bereaved at Christmas *New for 20/21* → <i>Think of way of positively remembering someone who has passed on</i>
8	21/12	Compassionate	Walking in Another’s Shoes – Surviving Perfectionism at Christmas → <i>Listen with empathy to somebody or somebody’s story</i> *New for 20/21*
CHRISTMAS BREAK			
1	4/1	/	~ No Theme, First Week Back ~
2	11/1	Determined	Resolutions – For the ‘Common Good’ → <i>To work to a group resolution, making things better for all</i>
3	18/1	Charitable	International Holocaust Remembrance Day → <i>Reach out to somebody having a difficult time, especially somebody you don’t know that well</i>
4	25/1	Democratic	‘LGBT History Week’ / Story of Alan Turing → <i>Reach out to somebody who is different to you in age, religion, sexuality, experiences</i> *New for 20/21*
5	1/2	Open-Minded	Time to Talk – Rethinking Mental Health → <i>Practise just listening in a conversation rather than focusing on a reply</i>
6	8/2	Thoughtful	Celebrating Scientists Weeks – The Story of Elizabeth Garrett Anderson → <i>To consider breaking your own stereotypes – do something positive and ‘that isn’t usually you’</i> *New for 20/21*
SPRING HALF-TERM BREAK			
1	22/1	/	~ No Theme, First Week Back ~
2	1/3	Thoughtful	World Book Day → <i>Make an extra effort to take part in reading – group or individual</i>
3	8/3	Diligent	Eating Disorders Awareness Week → <i>Consider your own eating habits and try to improve them and/or help someone else to eat more healthily</i> *New for 20/21*
4	15/3	Curious	St Patrick’s Day in England – One England, Many Roots

			→ Make an effort to trace your family tree, compare with somebody else
5	22/3	Determined	Easter – The Ancient Idea of Rebirth ('The Phoenix') → Make a commitment to a fresh start after a time of trouble
EASTER			
1	12/4	/	~ No Theme, First Week Back ~
2	19/4	Self-Aware	Ramadan → Try to give up one thing as a way of making yourself healthier in mind or body
3	26/4	Curious	Pablo Picasso 140 Years On – Neurodiversity & Creativity → Produce a piece of amazing classwork - without words *New for 20/21*
4	3/5	Self-Aware	Deaf Awareness Week – 'Actions speak louder than words' → Work on improving your non-verbal communication (gestures, facial expressions, posture etc.) *New for 20/21*
5	10/5	Charitable	International Nurses Day – Remembering Coronavirus 2020 *New for 20/21* → Help someone move on from a time of great difficulty
6	17/05	Compassionate	Foster Care Fortnight – Life in Care *New for 20/21* → Show support for someone struggling with family life
7	24/05	Diligent	World No Tobacco Day → Make a commitment to make one healthy change (not just smoking)
SUMMER BREAK			
1	07/06	/	~ No Theme, First Week Back ~
2	14/06	Charitable	World Blood Donor Day *New for 20/21* → Make a small sacrifice for someone else
3	21/06	Curious	National Insect Appreciation Week – It's not how you look, it's what you do! → Help Highfields be more insect friendly *New for 20/21*
4	28/06	Democratic	Windrush Day – Institutional Racism *New for 20/21* → Consider what changes we would like to see in our own institution (school) – and how we might fight for them changes
5	05/07	Discerning	Social Media – A World at our Fingertips, A War at our Fingertips

			<p>→ To commit to a 'diet' around using social media more mindfully (not just how we use it, but the amount of time)</p> <p>→ Review your social media activity, try to strip out any 'risk zones'</p>
6	12/07	Democratic	<p>Nelson Mandela Day *New for 20/21*</p> <p>→ Spend 27 minutes helping someone else – just 1 minute for every year he spend as a political prisoner</p>
7	19/07	Determined	<p>A Healthy Summer</p> <p>→ Make a plan for a healthier, constructive summer</p>
Final Day	/		~ End of Year Celebration ~