

# Highfields Social, Moral, Spiritual, Cultural (SMSC) Curriculum

## Themes of the Week 2021/2022

The theme and objective is introduced each Friday for the following week during assembly.

i.e. Week 2 Objective is set at Week 1 Friday Assembly

Wk	w/b	C120	Theme
1	30/08	/	~ No Theme, First Week Back ~
2	6/9	Compassionate	New Academic Year: New Year, New Faces ☺ <i>Show people they're welcome (starting with your face!)</i>
3	13/9	Determined	New Academic Year: New Studies ☺ <i>Set Yourself Achievable Goals</i>
4	20/9	Diligent	End of British Summer Time (Harvest) ☺ <i>Make a commitment to a healthy pastime over the next 6 months</i>
5	27/9	Diligent	World Vegetarian Day: 'Your Food, Your Choice' ☺ <i>Consider your eating habits, try to make a positive change</i>
6	4/10	Self-Aware	Mental Health Awareness (World Mental Health Day) ☺ <i>Take responsibility for your 'triggers', recognise your strengths</i>
7	11/10	Charitable	World Sight day ☺ <i>Do something positive for the school which can be appreciated by others - but without the use of sight</i>
8	18/10	Compassionate	Fire Safety – 'Avoiding hurting others' ☺ <i>Hold back on saying things that might hurt others, even when angry</i>
<b>AUTUMN HALF TERM BREAK</b>			
1	01/11	/	~ No Theme, First Week Back ~
2	08/11	Charitable	Remembrance – The Role of Commonwealth Soldiers ☺ <i>Thank somebody who quietly helps you in small but big ways</i>
3	15/11	Democratic	Diwali – Festival of Lights ☺ <i>To do something that gives pleasure ('light') to the rest of the school during the darker, colder days.</i>

4	22/11	Charitable	National Adoption Day – ‘Blood is thicker than water, love is thicker than blood’ ☺ <i>To recognise someone who has cared for you who isn’t your biological mum or dad.</i>
5	29/11	Compassionate	AIDS Awareness / World AIDS Day – The Story of Gareth Thomas ☺ <i>Make an effort to change the slang we use (i.e. gay, retard etc)</i>
6	6/12	Charitable	Blue Christmas – Emergency Services at Christmas ☺ <i>Say thank you to somebody who has gone the extra mile for you</i>
7	13/12	Compassionate	Walking in Another’s Shoes – Bereaved at Christmas ☺ <i>Think of way of positively remembering someone who has passed on</i>
8	20/12	Compassionate	Walking in Another’s Shoes – Surviving Perfectionism at Christmas ☺ <i>Listen with empathy to somebody or somebody’s story</i>
<b>CHRISTMAS BREAK</b>			
1	3/1	/	~ No Theme, First Week Back ~
2	10/1	Determined	Resolutions – For the ‘Common Good’ ☺ <i>To work to a group resolution, making things better for all</i>
3	17/1	Charitable	International Holocaust Remembrance Day ☺ <i>Reach out to somebody having a difficult time, especially somebody you don’t know that well</i>
4	24/1	Democratic	‘LGBT History Week’ / Story of Alan Turing ☺ <i>Reach out to somebody who is different to you in age, religion, sexuality, experiences</i>
5	31/1	Open-Minded	Time to Talk – Rethinking Mental Health ☺ <i>Practise just listening in a conversation rather than focusing on a reply</i>
6	7/2	Diligent	Resolutions Recharge - ‘Legal Addictions’ ☺ <i>Make a commitment to make one healthy change - focus on smoking and sugar</i>
<b>SPRING HALF-TERM BREAK</b>			
1	21/2	/	~ No Theme, First Week Back ~

2	28/2	Thoughtful	World Book Day ☺ <i>Make an extra effort to take part in reading – group or individual</i>
3	7/3	Diligent	Eating Disorders Awareness Week ☺ <i>Consider your own eating habits and try to improve them and/or help someone else to eat more healthily</i>
4	14/3	Curious	St Patrick's Day in England – One England, Many Roots ☺ <i>Make an effort to trace your family tree, compare with somebody else</i>
5	21/3	Thoughtful	Celebrating Scientists Week – The Story of Elizabeth Garrett Anderson ☺ <i>To consider breaking your own stereotypes – do something positive and 'that isn't usually you'</i>
6	28/3	Self-Aware	Ramadan ☺ <i>Try to give up one thing as a way of making yourself healthier in mind or body</i>
<b>EASTER</b>			
1	18/4	/	~ No Theme, First Week Back ~
2	25/4	Determined	Easter – The Ancient Idea of Rebirth ('The Phoenix') ☺ <i>Make a commitment to a fresh start after a time of trouble</i>
3	02/05	Curious	Pablo Picasso 140 Years On – Neurodiversity & Creativity ☺ <i>Produce a piece of amazing classwork - without words</i>
4	09/5	Self-Aware	Deaf Awareness Week – 'Actions speak louder than words' ☺ <i>Work on improving your non-verbal communication (gestures, facial expressions, posture etc.)</i>
5	16/05	Charitable	International Nurses Day – Remembering Coronavirus 2020 ☺ <i>Help someone move on from a time of great difficulty</i>
6	23/05	Compassionate	Foster Care Fortnight – Life in Care ☺ <i>Show support for someone struggling with family life</i>
<b>SUMMER BREAK</b>			
1	06/06	/	~ No Theme, First Week Back ~
2	13/06	Charitable	World Blood Donor Day ☺ <i>Make a small sacrifice for someone else</i>
3	20/06	Curious	National Insect Week – It's not how you look, it's what you do!

			☹️ <i>Help Highfields be more insect friendly</i>
<b>4</b>	27/06	Democratic	Windrush Day – Institutional Racism ☹️ <i>Consider what changes we would like to see in our own institution (school) – and how we might fight for them changes</i>
<b>5</b>	04/07	Discerning	Social Media – A World at our Fingertips, A War at our Fingertips ☹️ <i>To commit to a ‘diet’ around using social media more mindfully (not just how we use it, but the amount of time)</i> ☹️ <i>Review your social media activity, try to strip out any ‘risk zones’</i>
<b>6</b>	11/07	Democratic	Nelson Mandela Day ☹️ <i>Spend 27 minutes helping someone else – just 1 minute for every year he spent as a political prisoner</i>
<b>7</b>	18/07	Determined	A Healthy Summer ☹️ <i>Make a plan for a healthier, constructive summer</i>
Final Day	/		~ End of Year Celebration ~